



## Pastors Cohort - Bay Area

***The purpose of Lead Bold Pastor cohorts is to provide intentional, focused space for women pastors to engage with, encourage and learn from one another.***

### **Rotating Themes -**

The cohort will have 4 rotating themes. We will cycle through each theme 3 times in total by the end of the 6-month cohort.

#### **Soul Care - *Me & God***

ASKS: What's going on between God and me?

#### **All Things Leadership - *Challenges, Opportunities, Growth Areas, Dilemmas***

ASKS: What's going on in my leadership?

#### **Self Care & Relationships - *Personal/Interpersonal Dynamics & Realities***

ASKS: What's going on with self-care or my relationships with friends, colleagues, family?

#### **Centered-Soul Leadership- *Specific Focus, Practice or Perspective.***

Kelli Gotthardt ([Deep Well Sustainable Leadership](#)) will facilitate 3 meetings with the following themes:

- a. Energy Management: The problem of pursuing balance and the joy of full engagement
- b. Finding Stillness: Intentional slowing of mind, body and soul
- c. Engaging with ourselves and others with compassion: Leading and living out of our Spirit-centered self

### **Meeting Flow -**

1. **Connection & Revealing** - This opening portion of the cohort allows each woman to share and reveal what she is coming to the meeting with, based on that week's focus. (Note - Pastors always have the freedom to share "off topic" if a different area/situation needs the group's attention.) All women listen without interruption or advice-giving.

NOTE - Meetings facilitated by Deep Well will include a short teaching time during this portion of the meeting.

2. **Attending to What's Deeper** - During this portion of the group, women go into zoom rooms with 1 or 2 others for a deeper discussion about what each woman brought up in the opening time. Each woman will have the opportunity to tell her room what she needs or how the others can best come alongside her (i.e. listen and pray, give advice, give feedback, ask questions, etc.)
3. **Reflection & Intention** - During this portion of the time, each woman shares her conclusions/reflections from our time surrounding whatever she shared during the opening time. She also might decide on an intention for herself, identifying how she hopes to apply what she took away from the day.

#### **Logistics -**

- Meets for 6 months, Thursdays, 1:00-2:15 PM (PT)
- Online meeting dates: 2/9, 2/23, 3/9, 3/23, 4/13, 4/27, 5/11, 5/25, 6/8, 6/22, 7/13, 7/27
- Opening and closing half-day retreats in person in the Bay Area, CA.
  - 1/26 and 8/17, 12-4PM
- Participants will be female pastors\* on a church staff.  
(\*Includes women serving in pastoral staff roles in churches where women are not given the title of pastor.)
- Cohort includes 10-12 pastors.
- Application deadline 1/6. Applications found at [www.leadingbold.org](http://www.leadingbold.org).
- Diversity is a priority (race, age, ministry category, church "type").
- We ask each cohort member to commit to be present for all meetings.
- Fee is \$600, including opening and closing mini-retreats.